

# The Relationship between Family Support and Elderly Compliance in Visiting Integrated Health Service

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## ABSTRACT

Elderly is someone who has enter 60 years old to above . Elderly is group age in humans who have enter stages from phase end life . The increase age human , will impact on change various things , such as change physical , psychosocial , and spiritual. At the age of dusk , healthy is choice everyone in the world However , at this age late afternoon no everyone can through it with easy , thing it really depends on style life somebody in arrange activities to be able to active and healthy at age dusk (WHO, Daryaman 2021). Research This aiming For analyze connection between support family with compliance elderly in attend Posbindu in RW III Village Sukarapih , District Sukasari , Regency Sumedang in 2024. Research This use design studies observational analytic with cross-sectional approach , involving 55 elderly as respondents . Data collection was carried out through questionnaire that measures level support family and obedience elderly in follow Posbindu. Results chi-square analysis shows existence significant relationship between support family and obedience elderly , with P value of 0.031 ( $P < 0.05$ ). Of the 42 elderly who received support family well , 22 of them show high compliance to Posbindu , meanwhile only 1 in 4 seniors get support family less have level compliance good . Findings This indicates that support family play a role important in increase compliance elderly in follow a health program like Posbindu. Conclusion from study This is that support family own influence significant to compliance elderly in attend Posbindu . Therefore that , it is necessary existence effort more carry on from family and officers health For increase participation and compliance elderly to existing health programs .



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## 1. INTRODUCTION

Elderly is someone who has enter 60 years old to above . Elderly is group age in humans who have enter stages from phase end life . The increase age human , will impact on change various things , such as change physical , psychosocial , and spiritual. At the age of dusk , healthy is choice everyone in the world However , at this age late afternoon no everyone can through it with easy , thing it really depends on style life somebody in arrange activities to be able to active and healthy at age twilight (WHO, Daryaman 2021).

According to Department of Health of the Republic of Indonesia (2010), activities visit elderly to Postal Service elderly can it is said Good or active if frequency his presence more from six times per year , while if frequency his presence not enough from six times a year , it is said bad or No active .

Integrated Health Service Post elderly is post service health integrated for seniors age in a certain area that has agreed, driven by the community and assisted by officers health in a work area health center place they get service health. Many parents still productive and capable play a role active in life society, nation and state, but factor age make they face limitations, which means help required For increase welfare social (Dwi & Fallen, 2010 in (Year 2021).

Family is the closest person who often found. Support from family own role important. Support can in the form of encouragement, motivation, empathy, or help that can be make individual feel more calm and safe. Regarding utilization integrated health service post elderly in the village The Great Subdistrict Sukasari, Regency Sumedang, as one of the health units society, influenced a number of one of the factors is support family (Dwi, 2021)

Support family is support provided family in taking decision For use service health. Support family is a lifelong process life. Nature and types support different in various stage cycle live. Support family can in the form of support internal family, such as support from husband, wife, or you womb, but also in form support family external to nuclear family. In special, if There is support sufficient family, numbers death in patients with pressure blood tall can decreased (Fajriah & Abdullah, 2017).

## 2. METHOD

This research is included in the type of quantitative research which is descriptive in nature with a cross-sectional approach which aims to determine the relationship between support family with compliance elderly in attend Posbindu in. This study was conducted on July 2024 with a total sample of 55 respondents. The research objects were selected using the proportionate stratified random sampling technique. This research was conducted by filling out a questionnaire on the variables of knowledge about support family with compliance.

## 3. RESULTS AND DISCUSSION

### 3.1. Results

#### 1. Univariate Analysis

**Tabel 1 Distribution Frequency Support Family in RW III Village The Great Subdistrict The Great Regency Sumedang Year 2024**

<b>Support Family</b>	<b>Frequency</b>	<b>Percent (%)</b>
Not enough	42	76.4
Enough	9	16.4
Good	4	7.3
Total	55	100.0

Based on results research in table 1 shows results that Support Family in RW III Village The Great Subdistrict The Great Regency Sumedang The year 2024 is almost here all over support family is in the category not enough as many as 42 people (76.4%).

**Tabel 2 Distribution Frequency Compliance Posbindu in RW III Village The Great Subdistrict The Great Regency Sumedang Year 2024**

<b>Compliance</b>	<b>Frequency</b>	<b>Percent (%)</b>
Not enough	6	10.9
Enough	22	40.0
Good	27	49.1
Total	55	100.0

Based on results research in table 4.2 shows results that Support Family in RW III Village The Great Subdistrict The Great Regency Sumedang The year 2024 is almost here half compliance post office is in the category not enough as many as 27 people (49.1%).

**Tabel 3 Bivariate Analysis Results Connection Support Family with Compliance Elderly in Visit Posbindu in RW III Village The Great Subdistrict The Great Regency Sumedang 2024 (n=55)**

	Compliance Postal Service			Good	Total	P value
	Good	Not enough	Enough			
Support Family	Enough	2	18	22	42	0.031
	Not enough	3	4	2	9	
	Total	1	0	3	4	
	Total	6	22	27	55	

Based on The results of the Chi-Square test in table 4.3 show correlation test results between compliance post office obtained results P value 0.031 <0.05, in other words, it exists significant relationship between support family .

### 3.2. Discussion

In study this , looks that part big elderly who receive support good families ( as many as 42 respondents) tend to own level greater compliance tall in attend Posbindu . This is show that family play role important in Motivate elderly For follow a health program in a way routine , which in the end can increase quality life elderly (Nugroho, 2014) Compliance elderly in attend Postal Service is indicator important in evaluate effectiveness of the Posbindu program . Good compliance reflect awareness and commitment elderly to health they yourself . Based on existing table , from 42 elderly people who received support family OK , as many as 22 shows compliance high , while the other 18 own compliance currently .

High level of compliance This to signify that conscious elderly will importance inspection health routine more Possible For follow the Posbindu program in a way regular . Posbindu Alone is a vital program that helps detection early various common diseases occurs in the elderly , such as hypertension and diabetes. Therefore that , increase compliance elderly in attend Postal Service is step important in guard health elderly in a way overall ( Wahyuni , 2016)

Show existence significant relationship between support family and obedience elderly in attend Posbindu , with P value of 0.031. This means that There is strong correlation between how much big support given by the family and how much obedient elderly in follow the Posbindu program . From the data, it can be seen that elderly with support good family own trend For more obedient in attend Postal Service compared to with those who get support families who are lacking . For example , of the 42 respondents who received support family well , only 2 have compliance low , while 22 indicates compliance tall . On the other hand , the elderly who receive support underprivileged family tend own low compliance . Only 3 out of 4 respondents with support family less to show compliance well , without anyone has compliance is . This is confirm importance role family in support elderly For guard health they through participation active in health program like Posbindu ( Ministry of Health of the Republic of Indonesia. 2006)

### 4. CONCLUSION

- Support family to elderly in visit Posbindu in RW III Village The Great Subdistrict The Great Regency Sumedang In 2024 , it will be 76.4% less .
- Compliance elderly in visit post office elderly in RW III Village The Great Subdistrict The Great Regency Sumedang The year 2024 also varies which is 49.1% good .
- There is significant relationship between support family and obedience in Rw III Village The Great Subdistrict The Great Regency Sumedang In 2024 with a p-value of 0.031.

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